

April 2010 Daily Tips for Loving Parents

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Sun

7 "Children seldom misquote. In fact, they usually repeat word for word what you shouldn't have said."
-Author Unknown

14 Remember that testing your limits is a healthy part of your children's growth and development.

21 Genuine praise has a powerful effect on your children's behavior, as well as their overall self-esteem.

28 Remember that you are in charge and that you will have to say 'no' to your child sometimes.

Mon

1 Young children often have intense feelings and needs. They may be naturally loud, impatient, and full of energy. Try to accept them as they are.

8 Show your child how to behave. If your child pulls a cat's tail, show her how to pet a cat. Do not rely on words alone.

15 Create a quiet, special place at home for reading, writing and draw. Keep books and other reading materials where your child can easily reach them.

22 Turn off the television and spend more time cuddling and reading books with your child. The time and attention has benefits beyond school success.

Tue

2 Punishment shows children what not to do; only guidance and teaching can show children what to do.

9 Say "I Love You" at least once each day.

16 "Children are like wet cement. Whatever falls on them makes an impression."
- Dr. Haim Ginott

23 Show children that you can laugh at yourself. Show them that life doesn't need to be serious all the time. Your sense of humor is important for their well-being.

Wed

3 Don't call out instructions to your child from another room if you are really serious about wanting them done.

10 Put down what you're doing to listen to your child when they're talking to you, and make eye contact.

17 Catch your child being good. The best way to encourage children to repeat a positive behavior is to praise them for it.

24 Set an example for your kids by being courteous and respectful to everyone you meet.

Thu

4 If you tend to have difficulty in the same situations, like shopping or waiting in line, talk with your child beforehand to explain expectations and review the consequences of their misbehavior.

11 Be flexible, especially with older children and adolescents. Listen and get your child's input on some rules and punishment.

18 Kids do not deal well with gray areas. Set rules and stick to them so that it is fair to you and fair to your child.

25 "A person's a person, no matter how small."
- Dr. Suess

Fri

5 When you talk about your child, be certain to emphasize the positives - especially when the child can overhear what you say.

12 Nurture your own self-esteem, and your child will have a great role model.

19 Start a family game night. Write each family member's name on a day on the calendar. That person decides which game will be played that evening.

26 Spend some time each day focused entirely on your child. If you spend positive time together, he or she will not need to misbehave to get your attention.

Sat

6 Children develop at different rates. When your child misbehaves, it may be that he simply cannot do what you are asking or he does not understand what you are asking.

13 When you talk about your child, be certain to emphasize the positives - especially when the child can overhear what you say.

20 Tell you child all they reasons you love him or her.

27 Nurture your own self-esteem, and your child will have a great role model.

Notes:



It's
YOUR TURN
to make a difference



Prevent Child Abuse
New Jersey