

# April 2011 Daily Tips for Loving Parents

[www.preventchildabuseNJ.org](http://www.preventchildabuseNJ.org)

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes:
<p><b>3</b> "Children seldom misquote. In fact, they usually repeat word for word what you shouldn't have said." ~Author Unknown</p>	<p><b>4</b> Young children often have intense feelings and needs. They may be naturally loud, impatient, and full of energy. Try to accept them as they are.</p>	<p><b>5</b> Punishment shows children what not to do; only guidance and teaching can show children what to do.</p>	<p><b>6</b> Don't call out instructions to your child from another room if you are really serious about wanting them done.</p>	<p><b>7</b> If you tend to have difficulty in the same situations, like shopping or waiting in line, talk with your child beforehand to explain expectations and review the consequences of their misbehavior.</p>	<p><b>1</b> When you talk about your child, be certain to emphasize the positives - especially when the child can overhear what you say.</p>	<p><b>2</b> Children develop at different rates. When your child misbehaves, it may be that he simply cannot do what you are asking or he does not understand what you are asking.</p>	
<p><b>10</b> Remember that testing your limits is a healthy part of your children's growth and development.</p>	<p><b>11</b> Show your child how to behave. If your child pulls a cat's tail, <i>show</i> her how to pet a cat. Do not rely on words alone.</p>	<p><b>12</b> Say "I Love You" at least once each day.</p>	<p><b>13</b> Put down what you're doing to listen to your child when they're talking to you, and make eye contact.</p>	<p><b>14</b> Be flexible, especially with older children and adolescents. Listen and get your child's input on some rules and punishment.</p>	<p><b>8</b> Nurture your own self-esteem, and your child will have a great role model.</p>	<p><b>9</b> "Your children need your presence more than your presents." - Jesse Jackson</p>	
<p><b>17</b> Genuine praise has a powerful effect on your children's behavior, as well as their overall self-esteem.</p>	<p><b>18</b> Create a quiet, special place at home for reading, writing and drawing.</p>	<p><b>19</b> "Children are like wet cement. Whatever falls on them makes an impression." - Dr. Haim Ginott</p>	<p><b>20</b> Catch your child being good. The best way to encourage children to repeat a positive behavior is to praise them for it.</p>	<p><b>21</b> Kids do not deal well with gray areas. Set rules and stick to them so that it is fair to you and fair to your child.</p>	<p><b>15</b> Start a family game night. Write each family member's name on a day on the calendar. That person decides which game will be played that evening.</p>	<p><b>16</b> Tell your child all the reasons that you love him or her.</p>	
<p><b>24</b> Remember that you are in charge and that you will have to say 'no' to your child sometimes.</p>	<p><b>25</b> Turn off the television and spend more time cuddling and reading books with your child. The time and attention has benefits beyond school success.</p>	<p><b>26</b> Show children that you can laugh at yourself. Show them that life doesn't need to be serious all the time. Your sense of humor is important for their well-being.</p>	<p><b>27</b> Set an example for your kids by being courteous and respectful to everyone you meet.</p>	<p><b>22</b> Spend some time each day focused entirely on your child. If you spend positive time together, he or she will not need to misbehave to get your attention.</p>	<p><b>23</b> Nurture your own self-esteem, and your child will have a great role model.</p>	<p><b>23</b> Nurture your own self-esteem, and your child will have a great role model.</p>	
				<p><b>28</b> "A person's a person, no matter how small." - Dr. Suess</p>	<p><b>29</b> Keep books and other reading materials where your child can easily reach them.</p>	<p><b>30</b> Prevent temper tantrums by distracting your child before he or she gets too frustrated.</p>	

