

# April is Child Abuse Prevention Month

## A Promise for Prevention

I promise to make a difference in the life of a child. Some of the things I will do in my community:

- ♥ Really listen to a child. I understand that children need undivided attention when they talk. I will be patient and remember that they move at a different pace in their little worlds.
- ♥ Make special time for a child that I care about.
- ♥ Run an errand, bake cookies or prepare a meal for a new mother in my neighborhood.
- ♥ Provide amusement for restless children in a waiting room.
- ♥ Smile and acknowledge that "it's tough work" when I see a parent coping with a stressful situation in public.
- ♥ Remind the caregivers that I know what a great job they are doing.
- ♥ Listen to parents when they tell me about their challenges.
- ♥ Advocate for programs that provide families with education and support—starting when their child is born!

Write in your own promises!

♥ \_\_\_\_\_

♥ \_\_\_\_\_

I promise this in honor of: \_\_\_\_\_

My signature: \_\_\_\_\_

