

Parental Involvement in Education Month October 2011

The New Jersey State Parent Information and Resource Center

NJPIRC

another program of



**Prevent Child Abuse
New Jersey**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Celebrating Family Engagement from Cradle to Career!						1 Ask your child's school for a copy of their Parent Involvement Policy
2 Have a discussion with your child about his or her plans after high school.	3 Watch a the news with your child and discuss how current federal or local events relate to their lives	4 Ask your child to talk about the best part of their day.	5 Talk to your child about financial responsibility, budgeting, bank accounts and credit.	6 Find out when the next PTA or parent/ teacher organization meeting is and attend.	7 Watch a movie or TV show together. Discuss what you both liked and disliked about the show.	8 Have your child talk or write about what he or she is thankful for.
9 Go for a walk or run with your child and discuss the importance of fitness.	10 Talk to your child about the importance of voting.	11 Ask your child if he/ she has any upcoming projects and if he/ she needs assistance to complete it	12 Research the dangers of smoking with your child and talk about other bad habits they see in their school.	13 Prepare an emergency kit with your child in case of fires or other natural disasters.	14 Research your family history with your child. Ask them to write a brief summary.	15 Find interesting exhibits at local colleges or museums and plan a day trip.
16 Make a fruit smoothie or health shake for breakfast with your child.	17 Talk to your child about sexual responsibility.	18 Ask your child to tell you about each of their closest friends. Try to guess the one being described.	19 Talk to your child about the dangers of drugs and alcohol. Tell them about some of your experiences.	20 Listen to your child carefully when they are talking to you. This will help you stay in tuned.	21 Ask your child to prepare dinner to-night. Help them if necessary and praise their efforts.	22 Go for a bike ride with your child and their friends.
23 Fly a kite with your child and the rest of the family.	24 Give your child a hug and let them know how much you mean to them.	25 Keep writing materials available. Encourage your child to keep a journal.	26 Use old jeans or clothes to make something new like a book cover or a tote bag.	27 Hide a loving or encouraging note underneath your child's pillow.	28 Do some volunteer work or community service with your child.	29 Offer to host a Halloween party for your child and friends.
30 Go over Halloween safety tips with your child and talk about peer pressure.	31 Make sure you know where your teen is spending Halloween and who they're with.	Select one activity per week and celebrate Parent Involvement Month with your family				

Middle School



High School

