

YOUTH RESOURCE GUIDE



Prevent Child Abuse
New Jersey™

JULY 2018

New Jersey Resources

GENERAL

NJ Resources: 2-1-1

Name of Agency: New Jersey 211

Website: www.nj211.org

NJ Youth Helpline:

1-888-222-2228

Name of Agency: 2ndFloor Youth Helpline

Website: 2ndFloor.org

Local Police, Ambulance, or Fire: 9-1-1

HUMAN TRAFFICKING ASSISTANCE HOTLINES

National Human Trafficking Hotline (Polaris Project)

1-888-373-7888

Website: www.polarisproject.org

NJ Human Trafficking Hotline:

1-855-END-NJ-HT (1-855-363-6548)

Name of Agency: NJ Human Trafficking Task Force

Website: njhumantrafficking.gov

A 24/7 hotline operated by New Jersey's law enforcement.

The Women's Center Dream Catcher Program:

1-800-286-4184

Name of Agency: Atlantic County Women's Shelter - Dream Catcher

Website: www.acwc.org/dreamcatcher.htm

Dream Catcher is a holistic program addressing all forms of human trafficking statewide.

Center for Family Services Rescue & Restore—SERV

1-800-225-0196 (for Cumberland county)

1-866-295-SERV (1-866-295-7378) (for Camden & Gloucester counties)

Website: <http://d6.centerffs.org/programs/rescue-restore-regional-program>

Serving Cumberland, Gloucester, and Camden Counties. This program identifies foreign victims of human trafficking for referral to protective services.

Child Abuse Hotline (State Central Registry)

1-877 NJ ABUSE (1-877-652-2873)

TTY 1-800-835-5510

To report the abuse of a minor.

ADDITIONAL HUMAN TRAFFICKING RESOURCES

NJ Human Trafficking Task Force: Division of Criminal Justice

Website: www.njhumantrafficking.gov

Provides a list of County Human Trafficking Liaisons.

New Jersey Resources

NJ Coalition Against Human Trafficking

Website: www.njhumantrafficking.org

FOR SURVIVORS

Sanar Wellness Institute

1-973-624-5454

Website: <http://www.sanar-institute.org>

Sanar offers holistic wellness services to support survivors in processing trauma while providing tools aimed at preventing future incidences of violence through the Resiliency Initiative. It is located in Essex County.

American Friends Service Committee - Immigrant Rights Program (IRP)

Website: <https://www.afsc.org/program/immigrant-rights-program-newark-nj>

Located in Newark, NJ.

Legal Services of New Jersey

Website: <https://www.lsnj.org>

“Survivors Guide to Leaving”

GEMS publication

VIOLENCE AND RELATIONSHIPS

NJ Domestic Violence Hotline:

1-800-572-SAFE (1-800-572-7233)

Name of Agency: New Jersey Coalition to End Domestic Violence

Website: www.njcedv.org

NJ Sexual Violence Hotline:

1-800-601-7200

Name of Agency: New Jersey Coalition Against Sexual Assault (NJCASA)

Website: www.njcasa.org

RESOURCES BY COUNTY

New Jersey Resource Net

Website: www.njresourcenet.org

This website serves as a resource database through which you can browse children and family resources available by county.

New Jersey Youth Resource Spot

Website: www.njyrs.org

Statewide and county based resources for youth.

LGBTQI-SPECIFIC RESOURCES

Garden State Equality

Website: <http://www.gardenstateequality.org>

NJ's statewide advocacy and education organization for the lesbian, gay, bisexual, and transgender community.

Q Spot LGBT Community Center

Website: <http://qspot.org>

Q Spot fosters the health, well-being and pride of NJ's LGBT community by providing resources, referrals, education, and outreach.

HiTops

Website: www.hitops.org

A health education and advocacy organization dedicated to ensuring every adolescent safe passage to adulthood by providing comprehensive sexuality education and promoting healthy relationships and supportive connections.

Pride Center of New Jersey

Website: <http://www.pridecenter.org>

Provides a "safe space" for the LGBTIQ community: a place to learn about community resources, socialize and meet new friends, and to gain acceptance and understanding of gender and sexual identity.

Kaleidoscope Program

Name of Agency: Center for Family Services

Website: <https://www.centerffs.org/our-services/community-connections/kaleidoscope>

Focuses on South Jersey. A community-based Gay-Straight Alliance that offers monthly student-led meetings in a safe, supportive environment for LGBT and allied teens to gather, socialize, organize, and help each other.

Spectrum Diversity

Website: <http://www.spectrumdiversity.org>

Provides diversity and anti-bullying programming in schools, workplaces, and professional, religious, or community organizations. The website also provides information about bullying, cyberbullying, and bias-related bullying.

Hetrick-Martin Institute

Website: <https://www.hmi.org/newark>

HMI is a leading professional provider of social support and programming for LGBTQ youth ranging in age from 13 to 24. It provides free, year-round services and programs at their locations in Newark, NJ and New York City.

New Jersey Resources

New Jersey Gay, Lesbian & Straight Education Network (GLSEN)

Website: <https://www.njglsen.org>

GLSEN is an organization that conducts research and develops resources for schools and educators to create environments where people are respected regardless of sexual orientation, gender identity, or gender expression.

Project R.E.A.L: Real Empowerment on All Levels 732-455-5516

Website: <http://prnvnacj.org/project-real>

This is an LGBT drop in center located in Asbury Park that provides a safe and social space for the LGBTQ community.

NJ Department of Children and Families—Safe Space Directory

Website: <http://www.nj.gov/dcf/adolescent/lgbtqi/SafeSpaceDirectory.pdf>

This is a state directory published by NJ DCF to connect the LGBTQ community with representatives, organized by county.

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

Website: <https://www.pflag.org/find-a-chapter>

PFLAG is a national non-profit organization providing support for the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends. It offers support, online information, events and programs, as well as scholarships and advocacy opportunities.

OTHER NJ RESOURCES

New Jersey Hopeline:

1-855-NJ-HOPELINE (1-855-654-6735)

Website: njhopeline.com

New Jersey's 24/7 Peer Support & Suicide Prevention Hotline

NJ Addictions Hotline: Substance Abuse/Alcoholism

1-844-REACHNJ (1-844-732-2465)

Name of Agency: Division of Addiction Services

Website: nj211.org/addictions-hotline

NJ Mental Health Cares:

1-866-202-HELP (1-866-202-4357)

Website: www.njmentalhealthcares.org

A free, confidential statewide mental health information and referral service available 8am-midnight.

HT/CSEC ORGANIZATIONS

National Center for Missing and Exploited Children- NCMEC

1-800-THE-LOST 1-800-843-5678

Website: www.missingkids.com

The CyberTipline provides the ability to report instances of online enticement of children for sexual acts, extra-familial child sexual molestation, child pornography, child sex tourism, child sex trafficking, unsolicited obscene materials sent to a child, misleading domain names, and misleading words or digital images on the Internet.

Girls Educational and Mentoring Services: GEMS

Website: www.gems-girls.org

Girls Educational & Mentoring Services (GEMS) is the only organization in New York State specifically designed to serve girls and young women who have experienced commercial sexual exploitation and domestic trafficking.

Children of The Night

Website: www.childrenofthenight.org

Provides intervention in the lives of children who are sexually exploited and vulnerable to or involved in prostitution and/or pornography.

Shared Hope International

Website: www.sharedhope.org

Shared Hope International is dedicated to bringing an end to sex trafficking through its three-pronged approach: prevent, restore, and bring justice.

Ending Child Prostitution and Trafficking (ECPAT) USA

Website: www.ecpatusa.org

National Center on Sexual Exploitation

Website: www.endsexualexploitation.org

World Without Exploitation

Website: www.worldwithoutexploitation.org

This a movement to end exploitation.

Rights 4 girls

Website: www.rights4girls.org

This organization advocates for policy change to improve human rights for women and girls in the U.S.

Survivors Ink

Website: www.Survivorsink.org

Helps survivors cover branding by providing free tattoos.

OTHER NATIONAL RESOURCES

National Suicide Prevention Lifeline:

1-800-273-TALK (1-800-273-8255)

Website: suicidepreventionlifeline.org

LGBTQI Trevor Project Lifeline:

1-866-4U-TREVOR (1-866-488-7386)

Name of Agency: The Trevor Project

Website: www.thetrevorproject.org

The only national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people (ages 13-24).

Homeless Youth Shelter:

National hotline: 1-800-999-9999 ("the Nineline") or

NJ State: 973-621-8705

Name of Agency: Covenant House

Website: www.covenanthouse.org

Covenant House operates a free, confidential national hotline that operates 365 days a year, 4 PM to 8 PM Eastern Standard Time.

National Runaway Safeline:

1-800-RUNAWAY (1-800-786-2929)

Website: 1800Runaway.org

Provides assistance to runaway youth.

National Dating Abuse Helpline:

1-866-331-9474 text "love is" to "22522"

Name of Agency: Loveisrespect.org

Website: loveisrespect.org

National Eating Disorders Helpline

1-800-931-2237

Name of Agency: National Eating Disorders Association

Website: www.nationaleatingdisorders.org

This line is open Monday-Thursday 9am-9pm and Friday 9am-5pm.

Planned Parenthood:

1-800-230-PLAN (1-800-230-7526)

Website: www.plannedparenthood.org

SAFE (Self-Abuse Finally Ends):

1-800-DONT-CUT (1-800-336-8288)

Website: www.selfinjury.com

WARNING SIGNS OF SEXUAL EXPLOITATION

Someone you know...

- is isolated
- disappears or goes missing with little or no explanation
- is highly secretive about a new relationship or their whereabouts
- is receiving unusual expensive gifts or money
- has unexplained possession of new items
- is rarely around or cannot spend time alone with friends
- seems anxious, frightened or nervous
- has new tattoos/branding
- shows physical signs of malnourishment, injuries, or abuse
- tells inconsistent stories, sounds scripted, or uses aliases
- lies about their age (says they're older)
- has traveled to or been to many locations in a short period of time
- does not have personal identification
- is partaking in "survival sex," or is exchanging sexual acts for a place to stay and/or something of value
- is "couch surfing," or in need of a place to stay

Think someone might be exploited? Call:

National Human Trafficking Hotline

1-888-373-7888

Or text "Help" or "Info" to BeFree (233733)