

Workshops PCA-NJ Can Bring to You

Emotional Abuse Prevention

The American Academy of Pediatrics cites emotional abuse as the most challenging and prevalent form of abuse. This workshop will address the complexities of emotional abuse and give participants an understanding of what is considered abuse and what is not. While prevalence, harm and risk factors will be discussed, prevention will be the focus.

Length of Workshop: 2 Hours Fee: \$300



Protective Factors

Participants will learn about the 5 protective factors—Parental Resilience, Social Connections, Concrete Support in Times of Need, Knowledge of Parenting and Development, and Social Emotional Competence of Children— and how to strengthen families to reduce the risk of child abuse and neglect.

Length of Workshop: 1.5 Hours Fee: \$150—\$200

Child Sexual Abuse Prevention

If you want to prevent the risks and trauma caused by child sexual abuse, these workshops can help. PCA-NJ is pleased to offer these sessions on prevention methods and the effects of child sexual abuse and victimization.

PCA-NJ offers three workshops from the Enough Abuse Campaign, including:

- ♦ Enough Abuse: Strategies for your Family and Community
- **o** Understanding & Responding to the Sexual Behaviors of Children

◊ It's Not Just Jenna

Length of Workshops: 2 Hours Fee: \$300

Continued...

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Workshops PCA-NJ Can Bring to You Continued...

Promoting Healthy Interactions: Discipline

This workshop will encourage parents and professionals to explore the meanings behind behaviors. Attendees with learn about temperament, examine challenging behaviors, consider responses to behaviors, and understand the difference between discipline and punishment.

Length of Workshop: 2 Hours

Fee: \$300



Neglect Prevention

Approximately 78% of all child maltreatment cases are for neglect. This workshop will educate attendees on the unique signs and prevention strategies for this specific type of child abuse.

Length of Workshop: 2 Hours Fee: \$300

Domestic Minor Sex Trafficking 101

At the end of this workshop, participants will be able to define DMST and the conditions that support it, identify signs and red flags of potential victims, and how to report and implement prevention strategies to protect youth from trafficking.

In addition, there will be a preview of the short-film, *Chosen*, that features two survivors of domestic minor sex trafficking. The film and learning guide can be purchased at cost and used with adolescent youth to discuss the issue.

Length of Workshop: 2 Hours Fee: \$300 - \$400

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