



I AM 1:1 Clinical Toolkit: Building a Healthy Male/Female Identity

Two-Day
Curricula Training:
April 26-27, 2018
New Brunswick, NJ
9am-4pm

The I AM: Empowerment Project 1:1 Clinical Toolkit is designed to serve as a toolbox for clinicians who are working with adolescents on an individual basis. The toolkit is a 10 session curricula for both Healthy Male and Healthy Female Identities for youth ages 13-21.

GOAL:

- Foster a clinician-youth dialogue around issues that can be barriers in creating a healthy sense of self and ultimately healthy decision making.

PROVIDES:

- Space to address critical issues through engaging activities and discussion on the following topics:
 - peer group inclusion
 - violent masculinity
 - gang involvement
 - media influence
 - action impact
 - bullying
 - sexual assault and consent
 - sexual exploitation and trafficking

OUTCOMES:

- build clinician-youth partnership
- develop skills in decision-making
- identify protective factors
- increase protective capacities
- enhance resiliency
- identify ongoing needs
- continue therapeutic exploration and target areas that require further intervention and action
- a safe place to explore possible victimization



HOW :

Through a grant supported by the New Jersey Department of Children and Families, a select amount of clinical staff will have the opportunity to be trained to use the toolkit to expand methods of preventing the sexual exploitation of youth.

For more information or to register, visit:

<https://pcanj.wufoo.com/forms/i-am-empowerment-application-april-2018/>

Questions? Contact Carrie Speiser at: cspeiser@preventchildabusenj.org or 732-246-8060.

This training is hosted by:

