

Communicating & Establishing Boundaries with Teen Parents Webinar Worksheet

Upon completing this worksheet, return it to PCA-NJ to receive a professional development certificate.
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1. What was the name of the workshop presenter: _____
2. Adolescence is the Journey out of _____ towards _____.
3. The teen brain can either pay attention to information or process information, not both. - **True or False**
4. Overall, society has a positive outlook on teen pregnancy. - **True or False**
5. Which of these are formed in the pre-frontal cortex?
 - a. Judgment, Planning and Reasoning
 - b. Attention span, Impulse control and Problem solving
 - c. Forward thinking, Ability to express emotions and Empathy
 - d. All of the above
6. Teens usually communicate in one of three ways: _____,
_____, and _____.
7. List 3 barriers to communication as seen in the movie: _____,
_____, and _____.
8. When it comes to communicating with teens, minimizing a teen parent's feelings AND giving them too many things to remember are things you should avoid. - **True or False**
9. Boundaries identify the lines you should not _____ with others. They also identify the lines you will not _____ others to cross in their interactions with you.
10. **True or False** – Caregivers should commit to staying informed of and maintaining high standards of professional conduct.
11. **True or False** - Becoming personally and emotionally attached to person/situation AND giving/accepting money or gifts are examples of how caregivers violate boundaries.
12. Blurred boundaries occur when _____ values conflict with _____ values.
13. Caregivers must _____ to risky scenarios
14. NAEYC _____ provides guidance to EC providers on what they should do when they encounter conflicting obligations or responsibilities in their work.
15. List three professional boundaries you will commit to setting and enforcing with teen parents

Name: _____

Date: ___/___/___

PLP Site: _____