

# MY LIFE MY CHOICE

**EMPOWERING YOUTH. ENDING EXPLOITATION.**

## Required Forms When Using the My Life My Choice Prevention Curriculum

- **CSEC Policy** - Prior to a group being started, each site must have a CSEC policy in place in order to support youth who are in the My Life My Choice Prevention Group and manage potential disclosures that arise.
- **School Based Consent Form** - This template in the curriculum book can be used as a guide when you need parent/guardian approval for youth to attend group. This is specifically for facilitators' use and does not need to be returned to My Life My Choice.
- **Online Pre-Assessment** - This form includes preliminary information about the youth in your group as well as logistical information about your group. This should be completed and submitted online to Prevent Child Abuse – New Jersey.
- **Background Information Form** - The referral source should complete these for each youth who is participating in the My Life My Choice Prevention Group. Information from this sheet should then be compiled and reflected on the Compiled Data and Post Group Assessment Form. These should be returned to My Life My Choice at the end of the group cycle.
- **Attendance and New Disclosures Form** - This form is filled out after each group session. If a youth is not present, leave the bubble blank for that session. The purpose of this form is to collect attendance data on the prevention groups, and to document any new disclosures that may happen during the group.
- **Pre-Tests** - This should be given to each group participant during session one. Please note that if a youth joins group during session 2, facilitators should have them complete the pre-test at the start of this group. These should be returned to My Life My Choice for analysis at the end of the group cycle.
- **Post-Tests** - This should be given to each group participant during the final session. If a youth misses the last session but you are still connected to them, please do your best to have her complete a post-test. These should be returned to My Life My Choice for analysis at the end of the group cycle.
- **Online Post-Assessment**- This form includes compiled data from the Background Information Form and the Attendance and New Disclosures Form. This should be completed and submitted online to Prevent Child Abuse – New Jersey.

*For more details, please reference the Facilitators Guide to Data Collection*