

TRAINING OPPORTUNITY

PREVENTING THE COMMERCIAL SEXUAL EXPLOITATION OF ADOLESCENT GIRLS

THE MY LIFE MY CHOICE CURRICULUM FACILITATOR CERTIFICATION TRAINING

The My Life My Choice Prevention Curriculum is an evaluated and nationally-acclaimed, ten-session exploitation prevention curriculum aimed at changing adolescent girls' attitudes and perceptions of the commercial sex industry, as well as building self-esteem and personal empowerment.

Designed to reach the most vulnerable girls (secondary and tertiary prevention), the My Life My Choice Curriculum was the first comprehensive, survivor-led curriculum in the US and has been used in more than 30 states.

➔ PARTICIPANTS WILL:

- Understand the research behind the My Life My Choice Curriculum
- Learn how to use the Curriculum to run psycho-educational groups with vulnerable girls in a variety of settings to prevent exploitation and/or re-victimization
- Learn best practices for facilitating a prevention group and explore potential challenges
- Practice facilitation skills and receive feedback in small and large group settings
- Receive a copy of the My Life My Choice Curriculum and membership to our prevention-focused Online Community

WHEN:NOV.30th & DEC.1st |
10AM-4PMEST EACHDAY
SURVIVORNETWORKINGSESSION ON
DAY2 9AM-10AM EST

WHERE:ONLINE- ZOOM
COURSEFEE:\$700(30DAYADVANCE
REGISTRATION:\$650)
TOAPPLY:FILLOUTAPPLICATIONHERE
(MUSTBEAPPROVEDPRIORTO
REGISTRATION)QUESTIONS:
kmushkin@jri.org
ntobarri@jri.org
CEUs:Thisprogramisapproved by the
NationalAssociationofSocialWorkersfor
9.5 continuingeducation contact hours

A NATIONAL INSTITUTE OF JUSTICE-FUNDED THREE-YEAR EVALUATION OF THE MY LIFE MY CHOICE EXPLOITATION PREVENTION CURRICULUM FOUND THE FOLLOWING:

- Knowledge about CSEC and risks for exploitation improved for all participants.
- Experiences of commercial sexual exploitation decreased by 55%.
- Participants were 2 times less likely to report dating abuse victimization.
- 100% of youth provided CSEC-related help to a friend or peer.
- Self-reported sexually explicit behaviors were reduced by half over time.