



2022 Annual Conference Workshop Selections

This form should be used to help students make their workshop selection for the conference. Staff must register each student using our on-line registration form at www.preventchildabusenj.org/conference

| | Workshop Title | Workshop Description |
|-------------------|---|--|
| Workshop 1 | Is your Family Riding Safely in the Car? | This workshop will provide an overview of NJ Child Passenger Safety laws and best practices, with a focus on the importance of seat belts and proper use of rear facing car seats. |
| Workshop 2 | The Mental Wealth Game Show | Come and join our "Who wants to be a Millionaire" themed game show and learn about postpartum depression as well as tips for self-care! |
| Workshop 3 | Brand You & Interviewing Skills | Brand You: This session references essential skills you can hone toward building your reputational power, further helping you to become more effective throughout the Interview process for a (new) position. |
| Workshop 4 | Moving ONward | This workshop will provide an overview of Old Navy's This Way ONward program which provides the next generation of leaders aged 16-24 with the jobs and mentorship they need to develop the skills and confidence to succeed. Presenters will also review appropriate interview attire on a budget and tips for success. |
| Workshop 5 | Quick and Easy Snacks for Families on the Go | In this interactive workshop, we will learn what young bodies need for positive growth and development, discuss ways parents can model good eating habits, and demonstrate easy, fun snacks parents can make with young children. |